

## “Bridging The Gap” with Anti-Slip Transfer Boards

Sliding boards are used to promote independence and safety during transfers for those with impaired balance and upper body strength. We also highly recommend our boards as a transfer-assist tool, often providing the needed assistance to enable therapist/caregiver performance of a safer and biomechanical friendly transfer.

### Anti-Slip Transfer Boards



**Anti-Slip Material**  
The bottom side of each transfer board has an anti-slip surface to keep the board in place with little to no movement during each transfer.

**Hand Holes**  
Three options on board hand hole cutouts for optimal user manageability. Your choice of either vertical, horizontal or no hand holes.

**Hardwood Materials**  
Durable, layered hardwood with multiple coats of clear sealer make each board smooth and aesthetically pleasing.

**Tapered Ends**  
Allow the user to easily slide the board underneath his or her leg/bottom for proper placement during transfer, and to aid in reduction of skin sheering.



Position chair at an angle to seating surface with brakes locked securely (the angled chair allows for optimal board placement without tire interference). Position board under upper thigh/buttocks area with grip material down, and ready legs for transfer out of vehicle.



Scoot or slide slightly away from seat bucket, using backrest and body mechanics as necessary. Use the board to “bridge the gap” by sliding, scooting or lifting yourself into or out of your vehicle.



Complete the transfer with the removal of the board once securely in chair.



**A.** Anti-Slip Transfer Boards With Two Vertical Hand Holds.

<b>Item Code:</b>	<b>Size:</b>
ADV21	21” x 8”x .5”
ADV24	24” x 8”x .5”
ADV29	29” x 8”x .5”

**B.** Anti-Slip Transfer Board with Two Horizontal Hand Holds.

<b>Item Code:</b>	<b>Size:</b>
ADH21	21” x 8”x .5”
ADH24	24” x 8”x .5”
ADH29	29” x 8”x .5”

**C.** Anti-Slip Transfer Board With No Hand Holds.

<b>Item Code:</b>	<b>Size:</b>
NH21	21” x 8”x .5”
NH24	24” x 8”x .5”
NH29	29” x 8”x .5”

**Note:**  
Persons with limited hand function can hook thumb into hand holes to assist board placement and removal.

We also recommend use of ADI’s Push & Transfer gloves for those with limited grip and hand function.